



INFORMATION PACKAGE

SEMINARS / SEMINÁRIOS
COMPETITION DAYS / PROVAS
TIMETABLE / HORÁRIOS
EXTRA ACTIVITIES / ACTIVIDADES

24 – 29 July / Julho

Schedule

JULY 2025	Time		Day
23 – Wed	Arriving to Portugal and Lagos Accommodation Accreditation of participants		1
24 – Thurs	Words of welcome	8:45	2
	Seminar Sharing ideas for the future		
	<i>morning practice</i>	9:00 12:20	
	Lunch break	12:20 13:20	
	Learning lunch (M. Jansson)	13:20 14:00	
	<i>afternoon practice</i>	14:00 15:30	
WTF Meeting	16:00 17:30		
Free time practice (<i>main arena</i>)	16:30 18:45		
25 – Fri	Seminar Sharing ideas for the future		3
	<i>Morning practice</i>	9:00 12:20	
	Lunch break	12:20 13:45	
	Learning lunch (Y. Tanaka)	13:45 14:15	
	<i>Afternoon practice</i>	14:15 15:30	
	Shinsa examination	16:00 17:30	
	Judges Meeting	17:45 18:45	
Free time practice (<i>main arena</i>)	17:45 20:00		
26 - Sat	1st Taido Junior World Games		4
	<i>Morning session</i>	8:30 12:00	
	Lunch break	12:00 12:45	
	<i>Afternoon session</i>	12:45 14:45	
	16th International Taido Friendship Games	15:15 18:20	
27 - Sun	10th European Championships		5
	<i>Morning session</i>	9:00 11:30	
	Lunch break	11:30 12:30	
	<i>Afternoon session</i>	12:30 14:45	
	Disassemble of the venue	15:30	
	<i>“All hands on the tatami mats”</i>		
Banquet	19:30		
28 - Mon	<i>Morning</i> Boat trip with Grotto visit	10:30	6
	<i>Afternoon </i> Surf practice	14:00	
	Dolphin Watching	14:30	
29 - Tues	<i>Morning</i> Surf practice	8:00	7
	<i>Afternoon </i> Dolphin Watching	14:30	
Revision C9-19.07.2025-MF - Schedule may be subject to revisions and updates, as required			

Accreditation of participants

Acreditação

Accreditation of Participants

Accreditation will be available at Escola Secundária Júlio Dantas on the following days and times:

- **Wednesday, 23rd:** 15:00 – 18:00
- **Following days:** 09:00 – 16:00
- There will be no schedule for the accreditation – delegations may come at any time limit specified above
- In case of any issues (possible accreditation online because of flight delay etc.) please contact info@taido.pt

Documents to Bring

- **Individual participants:** Bring with you all the necessary documents for a smooth accreditation.
- **National Team members:** Ensure your team representatives brings a printed list of team members for accreditation.

Please ensure all participants complete accreditation during these times before their scheduled events.

TAIDO 2025 CONVENTION LAGOS PORTUGAL ボルトガル		TAIDO 2025 CONVENTION LAGOS PORTUGAL ボルトガル		TAIDO 2025 CONVENTION LAGOS PORTUGAL ボルトガル		TAIDO 2025 CONVENTION LAGOS PORTUGAL ボルトガル	
							
G&A		ETC		IFC		JWG	
NAME		NAME		NAME		NAME	
TICKET	SEMINAR	BANQUET	T-SHIRT	PACKAGE	PARTICIP.	LB SAT	LB SUN
GROTTA	DOLPHIN	SURF 28	SURF 29	TICKET	SEMINAR	BANQUET	T-SHIRT
GROTTA	DOLPHIN	SURF 28	SURF 29	GROTTA	DOLPHIN	SURF 28	SURF 29

Acreditação dos Participantes

A acreditação estará disponível na **Escola Secundária Júlio Dantas** nos seguintes dias e horários:

- **Quarta-feira, dia 23:** 15:00 – 18:00
- **Dias seguintes:** 9:00 – 16:00

Documentos a trazer

- **Participantes individuais:** Traga consigo todos os documentos necessários.
- **Membros das Seleções Nacionais:** o responsável da equipa deve trazer uma **lista impressa com os nomes dos membros da equipa** para acreditação.

Por favor, assegurem que todos os participantes realizam a acreditação nestes horários antes dos seus eventos.

Seminar “Sharing ideas for the future”

Dia 24 Thursday / Quinta-feira

AREA	NOME	INSTRUCTOR	THEME / TEMA	START	END	DURATION
Tatami A, B, C	Seminar 1	Ana Lourenço - PILATES forU - Warm-up	"Centralization and fluidity"	9:00	10:00	1:00
	Break					0:10
Tatami A	Seminar 2	One group: F. Pina, P. Amaro, S. Martins	"Taido and Budo applied in reality"	10:10	11:10	1:00
Tatami B	Seminar 3	One group: Mogens M.	"Kuzushi, zenmendori and garami"	"	"	"
Tatami C	Seminar 4	One group: T. Kaneko - ATHLETES	"How to use Unsoku in Jissen"	"	"	"
	Break					0:10
Tatami A	Seminar 2	One group: F. Pina, P. Amaro, S. Martins	"Taido and Budo applied in reality"	11:20	12:20	1:00
Tatami B	Seminar 3	One group: Mogens M.	"Kuzushi, zenmendori and garami"	"	"	"
Tatami C	Seminar 4	One group: T. Kaneko - ADVANCED	"How to use Unsoku in Jissen"	"	"	"
	Lunch break			12:20	13:20	1:00
	Learning Lunch	M. Jansson	Taido in Sweden	13:20	14:00	0:40
Tatami A, B, C	Seminar 5	Mixed group: T. Kaneko	Ohenfubi (応変風靡) techniques	14:00	15:30	1:30
	Break					0:30
WTF Meeting				16:00	17:30	
WTF Dinner				19:30	21:30	
1 attendee per NTO	Alvar Hugosson	TAI & IN Hokei		09:00	10:00	
NTO Free time practice	2 tatami areas	DENMARK	SWEDEN	16:30	17:15	
NTO Free time practice	2 tatami areas	FRANCE	PORTUGAL	17:15	18:00	
NTO Free time practice	2 tatami areas	FINLAND	JAPAN + AUSTRALIA	18:00	18:45	



Seminar “Sharing ideas for the future”

Dia 25 Friday / Sexta-feira

AREA	NOME	INSTRUCTOR	THEME / TEMA	START	END	DURATION
Tatami A	Seminar 1	Marianne Malm + Lotta Ruokanen - TENKAI	"Ideas for Tenkai practice"	9:00	10:00	1:00
Tatami B	Seminar 2	Keith S., Truong M., Truong L., Brunet C.	"Nen gi : hokei and applications"	"	"	"
Tatami C	Seminar 3	Hannes Kannisto	"Good posture, good technique."	"	"	"
	Break					0:10
Tatami A	Seminar 1	Marianne Malm + Lotta Ruokanen - TENKAI	"Ideas for Tenkai practice"	10:10	11:10	1:00
Tatami B	Seminar 2	Keith S., Truong M., Truong L., Brunet C.	"Nen gi : hokei and applications"	"	"	"
Tatami C	Seminar 3	Eddie Herlin		"	"	"
	Break					0:10
Tatami A	Seminar 1	Marianne Malm + Lotta Ruokanen - TENKAI	"Ideas for Tenkai practice"	11:20	12:20	1:00
Tatami B	Seminar 2	Keith S., Truong M., Truong L., Brunet C.	"Nen gi : hokei and applications"	"	"	"
Tatami C	Seminar 3	Hannes Kannisto	"Good posture, good technique."	"	"	"
	Lunch break			12:20	13:45	1:25
	Learning Lunch	Y. Tanaka	Taido (history, theory, future)	13:45	14:15	0:30
Tatami A, B, C	Seminar 4	Y. Tanaka	Hon in Seminar	14:15	15:45	1:30
	Break					00:30
Shinsa Examination		** depending on the number of candidates the end time may vary		16:00	17:30	1:30
Judges Meeting				17:45	18:45	1:00
NTO Free time practice	2 tatami areas	DENMARK	FINLAND	17:45	18:30	
NTO Free time practice	2 tatami areas	PORTUGAL	JAPAN + AUSTRALIA	18:30	19:15	
NTO Free time practice	2 tatami areas	SWEDEN	FRANCE	19:15	20:00	

Learning Lunch

These will consist on an **informal training session held during the lunch break**. Top instructors **Y. Tanaka**, 8th Dan and **M. Jansson**, 8th Dan will share their experience and knowledge in an open setting, giving participants the opportunity to learn, ask questions, and gain insights outside the formal seminars and the competition schedule.

The Learning Lunch will take place in the **warm-up area**, which will be **modified for seating and image projection** to accommodate the audience comfortably.

Learning Lunch

Este será um **treino informal realizado durante a pausa para o almoço**. Os instrutores de topo **Y. Tanaka**, 8^o Dan e **M. Jansson**, 8^o Dan irão partilhar a sua experiência e conhecimento num ambiente descontraído, oferecendo aos participantes a oportunidade de aprender, colocar questões e obter insights fora do programa formal de competição.

O Learning Lunch terá lugar na **zona de aquecimento**, que será **adaptada com lugares sentados e projeção de imagem** para acomodar confortavelmente o público.

1st Junior World Games – Events

1^o Jogos Mundiais de Juniores

Dia 26 Saturday *morning* / Sábado *de manhã*

TIME			
8:30	Competitors to the competition venue		
9:00	Opening ceremony - JWG+IFG+ETC - all participants		
	JUNIOR WORLD GAMES		JUNIOR WORLD GAMES
TIME	AREA A	TIME	AREA B
9:30	C1 Junior hokei 7-12 years, girls	9:30	C1 Junior hokei 7-12 years, boys
	C2 Junior hokei 13-15 years, girls		C2 Junior hokei 13-15 years, boys
	C3 Junior hokei 16-17 years, boys		C4 Junior hokei 16-17 years, girls
11:05	C11 Junior dantai hokei, mixed		BREAK
	BREAK	11:45	C12 Junior tenkai 12-17 years, mixed
12:00-12:45	LUNCH BREAK / PAUSA ALMOÇO		

16th Internacional Friendship Games – Events

16^º Jogos Internacionais da Amizade

Dia 26 Saturday *afternoon* / Sábado *à tarde*

TIME	AREA A	TIME	AREA B
12:45	C13 O-jissen 10-11 years, mixed	12:45	C6 Junior jissen 10-12 years, girls
	C14 O-jissen 7-9 years, mixed		C5 Junior jissen 10-12, boys
	C8 Junior jissen 13-15 years, girls		C7 Junior jissen 13-15 years, boys
	C10 Junior jissen 16-17 years, girls		C9 Junior jissen 16-17 years, boys
14:45	JWG prize giving ceremony		
	INT. FRIENDSHIP GAMES		INT.FRIENDSHIP GAMES
15:15	B5 + B6 Hokei mixed, 6-3 kyu	15:15	B9 Sei hokei, mixed
	B2 Hokei F, 2 kyu+		
	B1 Hokei M, 2 kyu+		
	BREAK	16:30	B13 + B14 Dantai hokei mixed (tai/in + sei)
17:10	B11 Jissen M 40+	17:10	B4 + B8 Jissen F 6 kyu+
	B3 + B7 Jissen M 4 kyu+ (group A)		B3 + B7 Jissen M 4 kyu+ (group B)
	B16 Dantai jissen F		B15 Dantai jissen M
18:20	IFG prize giving ceremony + closing words		

10th European Championships – Events

10^o Campeonato da Europa

Dia 27 Sunday / Domingo

TIME			
09:00	Competitors to the competition venue		
09:30	Opening ceremony (ETC participants only)		
TIME	AREA A	TIME	AREA B
10:00	Hokei F preliminary rounds	10:00	Hokei M preliminary rounds
	Hokei F finals		Hokei M finals
11:10	Dantai hokei mixed	11:10	Dantai hokei F
11:30-12:30	LUNCH BREAK / PAUSA ALMOÇO		
12:30	Tenkai		BREAK
12:50	Jissen F preliminary rounds	12:50	Jissen M preliminary rounds
	Jissen F finals		Jissen M finals
	Dantai jissen M (semifinal A)		Dantai jissen M (semifinal B)
	Dantai jissen F		Dantai jissen M (finals)
14:45	ETC Prize giving ceremony + closing words		
	<i>Before leaving the venue we ask the taidoka (ETC competitors and others) to assist in removing the tatami mats and facilitate the disassemble of the venue.</i> <i>Antes de deixar o local, pedimos aos taidoka (concorrentes do ETC e outros) que ajudem a retirar os tapetes de tatami e facilitem a desmontagem do local.</i>		

Venue of the Competition Local da Competição



A Venue **B** Meia Praia beach

Image 01 - Aerial view of Lagos City



Image 02 - Aerial view of the Lagos bay

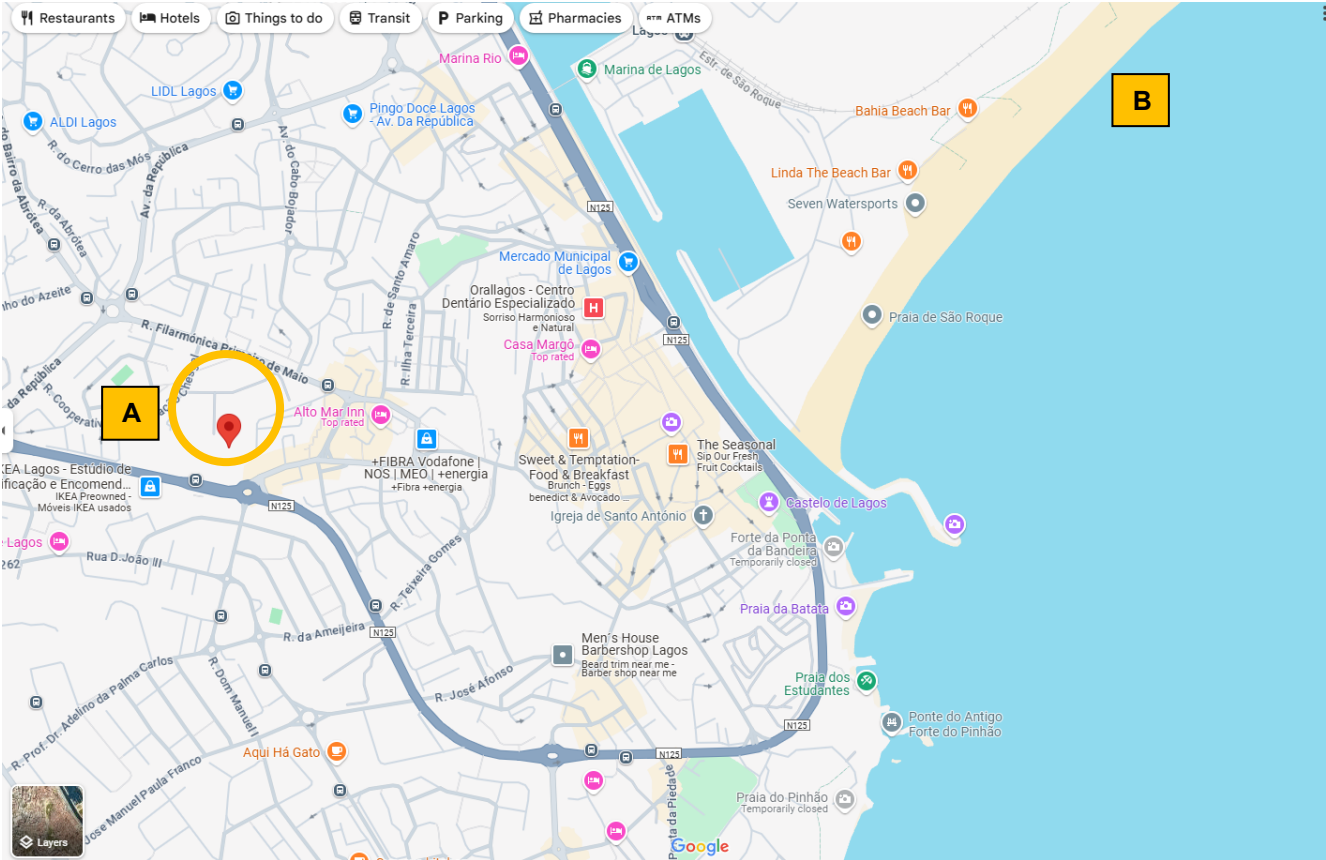


Image 03 - Google map of Lagos – school / Escola Júlio Dantas



Image 04 - Aerial view towards East



Image 05 - Aerial view towards Southwest



Image 06 – Interior of the venue

Getting around Como se deslocar

Distances

The venue, a school – **Escola Secundária Júlio Dantas** - is located in the western outskirts of the old town, within a 5 minute walk from the old city walls.

Distances from the sports venue to :

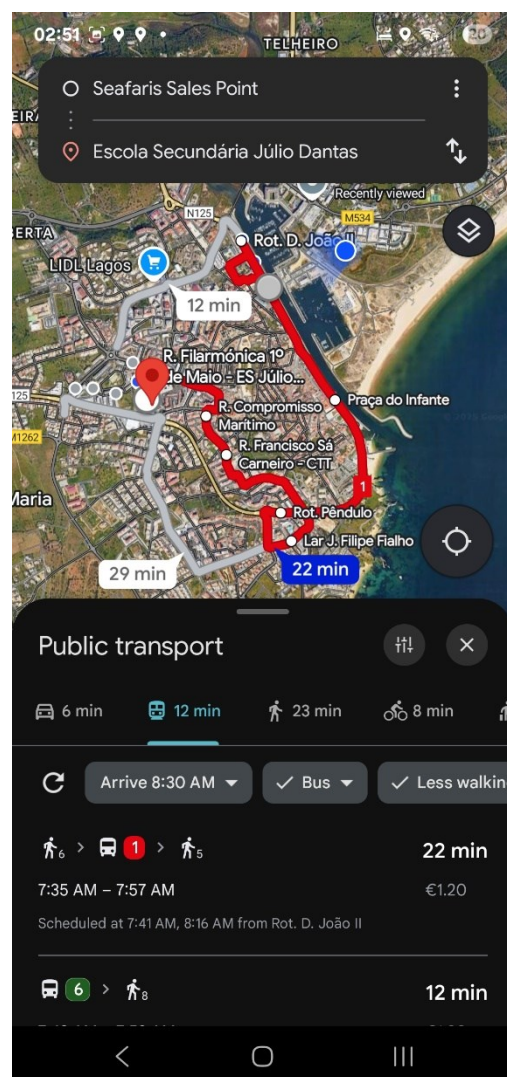
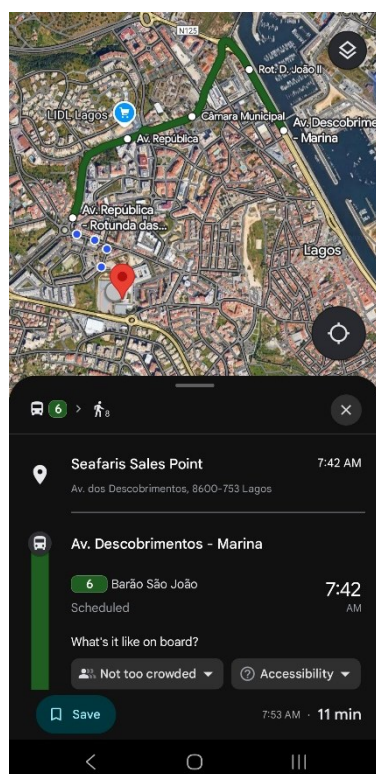
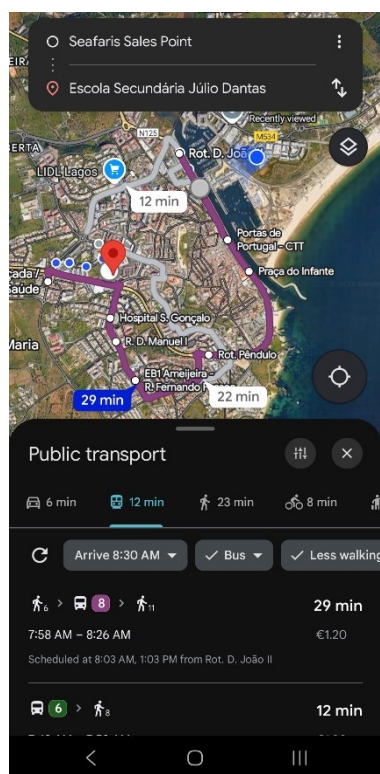
- Mercado Municipal de Lagos – Main avenue – 18 min walking / 5 min by car
- Hotel Aqualuz Lagos – southern outskirts of old town – 25 min walking / 6 min by car
- Banquet hall, Duna beach, Meia Praia - 47 min walking / 7 min by car

Transportation – **free transport** with your taído badge during all the event days

Buses – “**ONDA**” - available to the venue: #1, #4, #9 and #10, (public tickets are typically 1,20€ by trip)



We **recommend** you to install this app for the bus routes



Distâncias

O local do evento - Escola Secundária Júlio Dantas - está localizado na periferia oeste da cidade velha, a 5 minutos a pé das antigas muralhas da cidade.

Distâncias da Escola ao:

- Mercado Municipal de Lagos - Avenida principal - 18 min a pé / 5 min de carro
- Hotel Aqualuz Lagos - periferia sul da cidade velha - 25 min a pé / 6 min de carro
- Local do banquete, Praia da Duna, Meia Praia - 47 min a pé / 7 min de carro

Transporte - transporte gratuito com a sua credencial durante todos os dias do evento

Autocarros - “ONDA” - disponíveis para o local do evento: #1, #4, #9 e #10, (custo de 1,20€ por viagem)

Uber and Bolt

We **recommend** you to install these apps for transport

We recommend using **ride-hailing services (TVDE)** such as **Uber** or **Bolt** to travel to the event venue. These options are convenient, good priced and offer greater flexibility for your arrival and departure times, especially because buses may be scarce.



Recomendamos a utilização de serviços de transporte coletivo (TVDE) como a **Uber** ou a **Bolt** para se deslocar para o local do evento. Estas opções são convenientes, têm um bom preço e oferecem maior flexibilidade para as suas horas de chegada e partida, especialmente porque os autocarros podem ser escassos.

General Information

Informações gerais

Lagos and the Algarve

Lagos is one of the Algarve's top destination cities. Situated on the western edge of the region, it has a dramatic coastline that has been carved by the Atlantic Ocean. This geography gives Lagos a beautiful mediterranean climate with prevailing ocean breezes and mild winters, which can have intermittent rainfall. In the peak season, which can start from as early as beginning of May and go all the way to the end of October, temperatures are typically in the high 20's, reaching high 30's in July and August. Boasting a historic old town, modern marina, cultural attractions, with some incredible beaches and scenery, it really combines much of what the Algarve is famous for. In fact, it's probably got so much to do that a day trip to Lagos really doesn't do it justice. It's a perfect place to spend a long weekend, or longer holiday. With a wide variety of bars, pubs, and restaurants it's a lively place that doesn't suffer from the same seasonality that some of the smaller resorts and towns in the Algarve suffer from.

Se fala português, o mais provável é que já conheça a cidade. Mesmo que não conheça saberá decerto que as comemorações do 10 de Junho tiveram lugar em Lagos. Se for a primeira vez que visita a cidade, entre em contacto com a organização para lhe dizer qual a praia onde deve mesmo ir.

Essential Portuguese words

Português para camones

- **Olá:** Hello
 - **Bom dia:** Good morning
 - **Boa tarde:** Good afternoon
 - **Boa noite:** Good evening/night
 - **Tchau:** Goodbye (informal)
 - **Adeus:** Goodbye (formal)
 - **Por favor:** Please
 - **Obrigado:** Thank you
 - **CR7:** Cristiano Ronaldo
-

Frequently Asked Questions (FAQ)

Perguntas Frequentes (FAQ)

Does the venue have air conditioning?

No.

May I take pictures at the level of the competition area?

Yes.

We will allow a certain number of photographers in the competition area.

If you are a **very good photographer**, we would love you to help us create great content for Taído.

Please ask your **National Taído Organization (NTO)** to express your interest.

You will need to be identified to access the area.

Will there be video streaming?

Yes.

We are working to provide **live streaming of the competitions**.

If you have experience in video streaming and wish to contribute, we greatly appreciate your help.

Please talk to us.

Will Jesse Enkamp make a video of the event?

We don't know.

O local do evento tem ar condicionado?

Não.

Posso tirar fotografias da área de competição?

Iremos permitir um número limitado de fotógrafos na área de competição. Se for um **fotógrafo muito bom**, gostaríamos muito que ajudasse a criar conteúdo de qualidade para o Taído.

Fale connosco.

Será necessário estar identificado para aceder à área.

Haverá transmissão em vídeo?

Sim.

Estamos a trabalhar para disponibilizar **transmissão em direto das competições**.

Se tiver experiência em transmissão de vídeo e quiser contribuir, agradecemos muito a sua ajuda.
Fale connosco.

O Jesse Enkamp vai fazer um vídeo do evento?

Não sabemos.

Image and video captions

Fotografias e vídeo durante o evento

Please note that during the **Championships and seminars**, photos and videos will be taken, including image caption videos for marketing and promotional purposes. These may be used on our websites, social media channels, and other event communications to promote Taido and future events. If you have any concerns about this, please let the event organisers know in advance.

Tenha em atenção que, durante os **Campeonatos e os seminários**, serão tiradas fotografias e feitos vídeos, incluindo vídeos com legendas de imagens, para fins promocionais e de marketing. Estes poderão ser utilizados nos nossos sítios Web, nos canais das redes sociais e noutras comunicações do evento para promover o Taido e eventos futuros.

Se tiver alguma preocupação a este respeito, informe os organizadores do evento com antecedência.

Tournament Software

Software das Competições

We will be using Kihapp to manage the Taido Championships. **www.kihapp.com/**

It is entirely online, so there is nothing to install, download, or import. You will be able to access everything directly through your browser.



Tournaments

Rankings

	10th European Taido Championship Escola Secundária Júlio Dantas, Portugal July 27, 2025	
	16th International Friendship Games & 1st Junior World Games Escola Secundária Júlio Dantas, Portugal July 26, 2025	

Iremos utilizar o Kihapp para gerir os Campeonatos de Taido.

É totalmente online, pelo que não é necessário instalar, descarregar ou importar nada. Poderá aceder a tudo diretamente através do seu browser. **www.kihapp.com/**

Information Sharing Partilha de informação

In addition, we will have a **WhatsApp** group for quick information sharing before and during the event. Details to join the group will be shared at the venue.

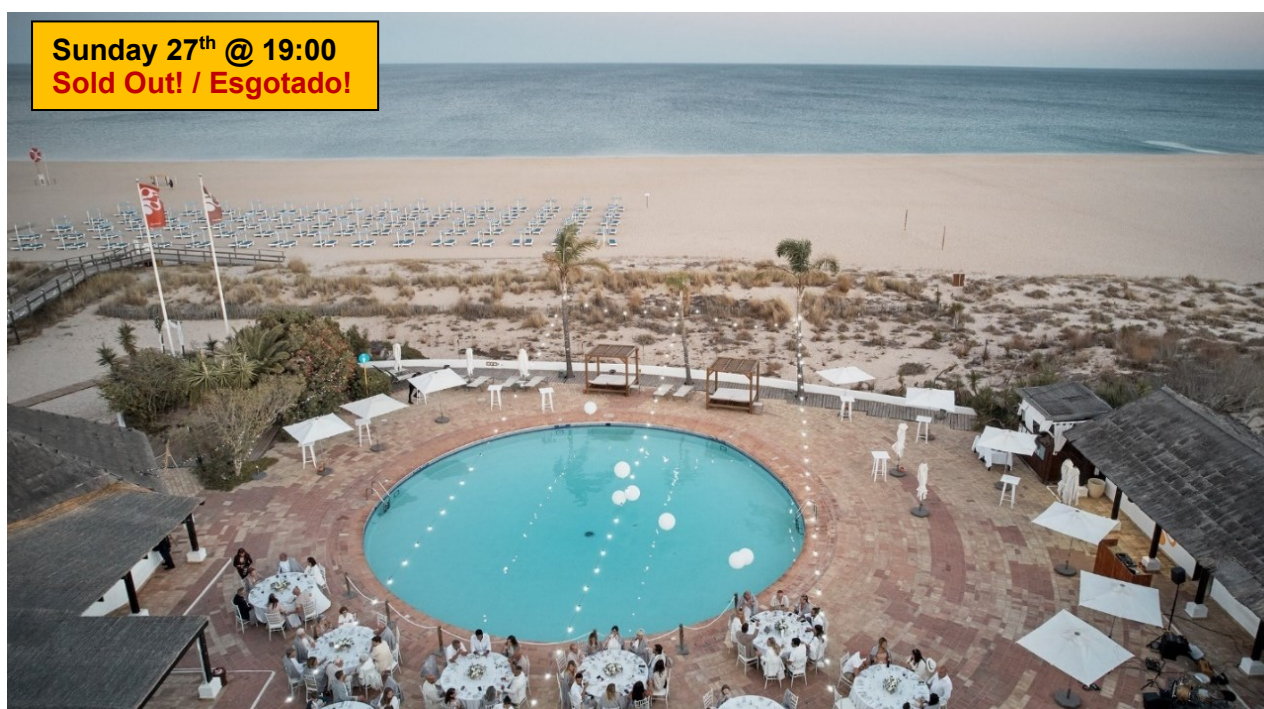
Além disso, teremos um grupo **WhatsApp** para uma rápida partilha de informações antes e durante o evento. Os detalhes para aderir ao grupo serão partilhados no local do evento.



We **recommend**
you to install this
app for relevant
information

Banquete/ Banquet

Beach barbecue in Meia Praia. Hotel Tivoli Duna Beach Club.



Price: 70,00€ (adults) | 35,00€ (children up to 12 years old with adult)

Dress code: Casual but stylish

For the menu and further details refer to separate document.

Extra Activities

Actividades complementares

1. 2 hour boat trip in traditional portuguese sailboat - up to 66 persons distributed in 2 similar sailboats

Unforgettable experience sailing through the crystal clear waters of the Algarve, along Ponta da Piedade, with a visit to the Ponta da Piedade Caves Ex Libris of the city of Lagos

- Includes a stop for a swim and a visit to the Ponta da Piedade Grottos
- Bar service available on board
- With local guide
- Schedule: 10h30, 12h30, 14h30 e 16h30.
- Price: 33,00€ (adults) | 17,50€ (children up to 12 years old) | Under 2 years old free

Monday 28th @ 10:30
Almost full / Quase cheio

If you prefer to enjoy this trip in a smaller group or as a couple, **let us know** and we book you at another time



2. Dolphin watching - Capacity 72 persons distributed in 2 similar sailboats

A magical moment on board, with detail explanations from a marine biologist

- Marine biologist.
- Duration 1h30.
- Price: 40€ (adults) | 25€ (children up to 12 years old).

Tuesday 28th @ 14:30
Still available / Disponivel



3. Group surf lesson min 2 persons – máx 24

A great opportunity to learn or improve your skills, catering to all levels: beginner, intermediate or advanced, suitable for 12 years old onwards.

- Wetsuit, surfboard and insurance included
- Transfer from Lagos to the beach
- Approximately 2.5 hours
- Certified instructors
- Price: 70€ (adults)

Monday 28th @ 14:00
Sold Out! / Esgotado!

Tuesday 29th @ 08:00
Still available / Disponivel



Contacts

Contactos

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+351 916 855 464 V. Santos

E-mail: info@taido.pt

Address: Rua Rodrigo Álvares, Lote 21, Loja 5
8600-315 LAGOS
PORTUGAL

Website: www.taido.pt

Instagram: www.instagram.com/taidoportugal/

Urban transport – ONDA

+351 282 771 715 – (Mon to Fri- 09:00-13:00 and 14:00-17:00)



Rede de Transportes Urbanos – A ONDA

+351 282 771 715 – (De seg a sex das 09:00-13:00 h e 14:00 às 17:00 h)

Police

PSP - Esquadra de Lagos

+351 282 078 160

European emergency number / Numero Europeu de Emergência

112

Pharmacies / Farmácias

In town:

Farmácia Telo

+351 282 760 556, Rua Henrique Correia da Silva, 1 – 3
Lagos (Santa Maria)



Farmácia Neves

+351 282 769 966 Rua da Porta Pequena, 3
Lagos (São Sebastião)

Online order with free delivery service - 24 hour service:

Farmácia Bensafrim - <https://www.farmaciadebensafrim.pt/#>

+351 282 688 007, Rua João de Deus, Bensafrim

You can place your order in several ways:

Through the order form available on the website;

Send an Email with your request to farmaciadebensafrim@gmail.com;

By whatsapp or by phone, through +351 935 356 202

Your order will be delivered to the location you indicate, by a technician from the Bensafrim Pharmacy, identified and in a vehicle characterized by the service 'the pharmacy goes to your home'. You can also collect your order, already prepared, at the premises of the Bensafrim Pharmacy. We take the order to your car or you can collect it inside the pharmacy using the Click & Go system.

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